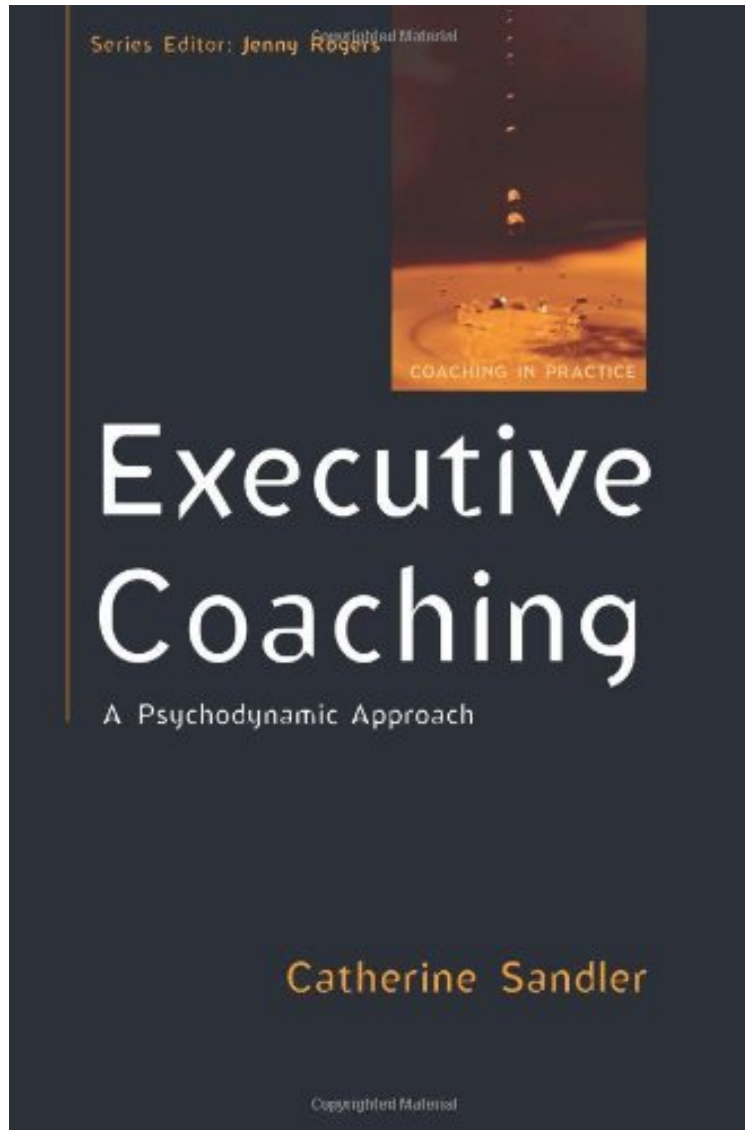


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Executive Coaching: A Psychodynamic Approach (Coaching in Practice)

Catherine Sandler

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Catherine Sandler : Executive Coaching: A Psychodynamic Approach (Coaching in Practice) before purchasing it in order to gage whether or not it would be worth my time, and all praised Executive Coaching: A Psychodynamic Approach (Coaching in Practice):

0 of 0 people found the following review helpful. Well written and very clear adn conciseBy beverlyIfyou have any understanding of psychodynamic theory, this is an excellent orientation on how Executive Coaching can use that skill in a helpful and powerful way. It is an easy read and the writer has a clear understanding of basic psychodynamic

principles and explains in a concise fashion how she used them to develop a technique to understand and help her clients. 0 of 0 people found the following review helpful. LITTLE MORE THAN A PAMPHLET ; NO BOOK HERE By writer/director/producer this is an absolute rip off; little more than a pamphlet ; whatever the quality of the ideas is substantial in the extreme 2 of 2 people found the following review helpful. An Approach to Enhance Executive Coaching By JM Sage Elephant In a manner of speaking the psychodynamic approach is a method in which a coach can become a super sleuth in helping clients reach their goals successfully by ascertaining behaviors. It is a method that goes beyond the intuitive and makes things more concrete and actionable. What I particularly like about the book is chapter three where Ms Sandler outlines the key assumptions drawn from the psychodynamic model. By doing so, she linked the theory with the process. In addition, I greatly appreciate the case study examples used throughout the text. I am a proponent of this style and find it very helpful and a useful tool. I normally read through books rather quickly; however, I found myself thinking a great deal and savoring the words of this book. I wanted to make sure that I could take this model and actually execute the many pearls expressed throughout.

This book aims to provide the reader with a clear and concise introduction to psychodynamic concepts and their application to executive coaching.