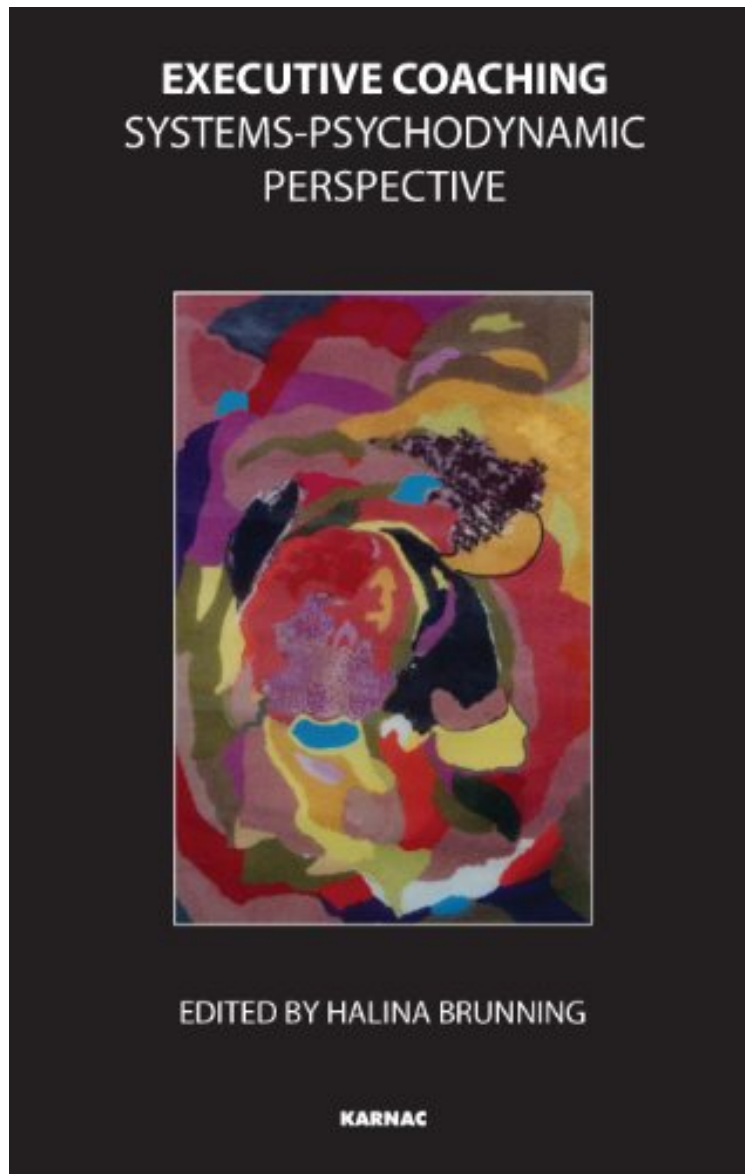


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'This excellent book by Halina Brunning and her colleagues is essential, engaging reading with fascinating and illuminating examples. It is relevant for everyone at work today, for those who wish to become coaches and for those who need to be coached. This is the first book to explore in depth the field of coaching from a psychodynamic perspective and integrate this with examples that bring the uncertainties and realities of today's organisations to life. It looks beneath the surface and beyond the one-to-one coaching relationship, which enables the coaching client to deepen their emotional intelligence and their understanding of political and unconscious dynamics in organisations. The case studies clearly demonstrate that this is an effective methodology for enhancing their effectiveness in their roles.' - Olya Khaleelee, Corporate Psychologist, Organisational Consultant and Psychoanalytic Psychotherapist. Director 2004-2006 of the Tavistock Institute conference 'Leaders in Changing Organizations' 'In a rapidly changing world, executives too frequently come up against the limits of their ability to grasp the impact of the system on their roles and on themselves. Halina Brunning offers a rich, diverse collection that illuminates an approach to this complexity. An ambitious task requires a graspable framework and clear examples. These authors provide both, linking person to role to system to life stage. The book will be useful to those struggling in organizational leadership roles as well as those who coach them.' - Edward R. Shapiro MD, Medical Director/CEO, Austen Riggs Center, Stockbridge, Massachusetts; Associate Clinical Professor of Psychiatry, Harvard Medical School; Psychoanalyst and Organizational Consultant. Author (with AW Carr) of *Lost in Familiar Places* and editor of *The Inner World in the Outer World* 'Those using systems psychodynamic and psychoanalytic approaches were engaged in coaching long before the term became fashionable, with many having decades of in-depth experience in this field. In this book experts from these approaches share their experience, knowledge and insight. Essential reading for all those interested in coaching.' - Mark Stein, PhD, Senior Lecturer and Director, MSc Management, Tanaka Business School, Imperial College, London
About the Author Halina Brunning is a Chartered Clinical Psychologist, Organizational Consultant, and Executive Coach. She has worked in the British and Polish National Health Service as a clinician, therapist, supervisor, manager, and consultant. She has published extensively on clinical and organizational issues and has co-written three books and over twenty articles on these subjects. In parallel with her NHS career, she has worked as an Organizational Consultant and Coach with a variety of public sector organizations. Her psychological and psychodynamic approach to coaching is informed by the Tavistock Clinic systems-psychodynamic training, which she completed in 1991. Additionally, she also trained as a Change Agent, Facilitator, Group Leader, and Executive Coach in a number of training organizations, including the Institute of Group Analysis, Institute of Family Therapy, the Kings' Fund Centre and Quorum Organisational Psychologists. She is an Associate Fellow of the British Psychological Society, member of the International Society of the Psychoanalytic Study of Organisations, OPUS, and Association for Coaching.